

## 10-to-4 Prizes 2010

### 70 km race - EPIC

#### Men's Race

Position	Name	Time
1	David Kinja	02:11:38
2	Simon Nyoike	02:18:01
3	Davidson Kamau	02:18:01

#### Women's Race

Position	Name	Time
1	Joyce Nyaruri	02:58:48
2	Caterina Wolfangel	03:00:41
3	Kimberly Greene	03:00:52

#### 1st man over 40

Name	Age	Time
Peter Viljoen	43	02:23:22

#### 1st man over 50

Name	Age	Time
Finn Davey	51	02:53:46

#### 1st woman over 40

Name	Age	Time
Delulu Upson	48	04:11:36

#### 1st woman over 50

Name	Age	Time
Julie Taylor	57	03:49:38

#### 1st under 18

Name	Age	Time
Francis Nangos	17	02:29:48

#### Team Results

Team
Safari Simbaz
North Kenya CC
Bayer Runda Raiders

#### First female Black Mamba

### 50 km race - RUSH

### Men's Race

Position	Name	Time
1	Stephen Mclean	1:43:15
2	John Bisley	1:46:43
3	Lowell Campbell	1:48:17

### Women's Race

Position	Name	Time
1	Zoe Gibbs	2:04:24
2	Luisa Vittone	2:14:43
3	Laura Reith-Hennes	2:25:17

### 35 km race - SLIDE

#### Top 3 boys, aged 10-13

Position	Name	Finish Time
1	Ryan Nabun	01:05:36
2	Oscar Dyer	01:09:51
3	Christian Hooper	01:19:36

#### Top 3 girls, aged 10-13

Position	Name	Finish Time
1	Tatiana Dyer	01:12:38
2	Pauline Nanyeti	01:21:55
3	Oriole Viljoen	01:30:24